

## My ABC's With Jesus!

### What to Do:

This October, help your kiddos learn their ABC's with Jesus.

Each day, there is a story to read, a Bible verse to share, a question to answer, a prayer to say, and a magnetic fridge word to make. Use the magnetic clip in your bag to attach this booklet to your fridge so that it is easy to find. Start or finish your day with Jesus. It's as easy as A-B-C.



**Wednesday, October 1**

**L-I-G-H-T**

**Read:** One dark night, Amelia felt scared in her room. Then, she spotted a tiny light glowing from her nightlight. It wasn't big, but it made her feel safe. "I'm here," the little light seemed to say. Lila smiled and snuggled in bed. The next day, she told her friend, "Even a small light can chase away the dark!" From then on, Lila tried to be a light—kind, brave, and bright wherever she went.

**Bible Verse:** "God's word is a lamp to my feet and a light to my path."  
(Psalm 119:105)

**Magnetic Word:** On the fridge, find the letters to spell: L-I-G-H-T.

**Ask:** How can you be a light to someone today?

**Prayer:** Dear God, help me light up the world with your love. Amen.





**Thursday, October 2**

**H-E-L-P**

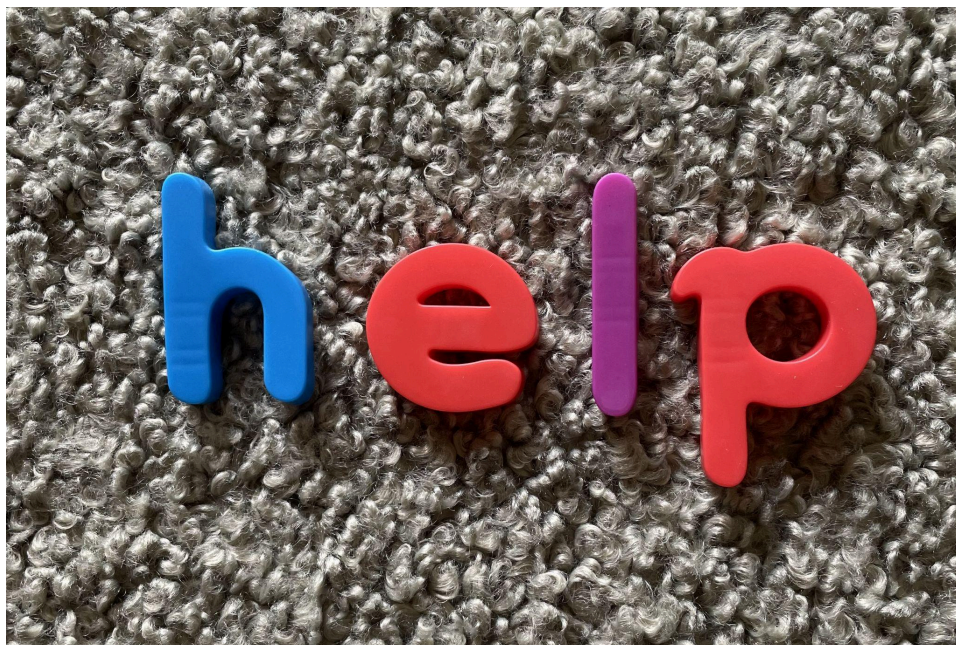
**Read:** Lord Bumble was a tiny, kind bee who wore a giant purple hat. One windy day, *whoosh!*—his hat flew away! “Oh dear,” said Lord Bumble, chasing it past the hive, over the pond, and through the flower field. Along the way, he asked for help. “I’ll help!” chirped Peg the pigeon. “Me too!” chimed Bella the beetle. Together, they found the hat stuck in a tree. Lord Bumble buzzed up with all his might and grabbed it. “Hooray!” Everyone cheered. From that day on, Lord Bumble always tied his hat with a ribbon—and shared cookies with his new friends.

**Bible Verse:** “Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.” (Isaiah 41:10)

**Magnetic Word:** On the fridge, find the letters to spell: H-E-L-P.

**Ask:** Who can you help today?

**Prayer:** Dear God, help me so that I can help others. Amen.





**Friday, October 3**

**T-H-A-N-K-S**

**Read:** Gustav made a paper tree for school and wrote something he was thankful for on each leaf. “Mom,” “Dad,” “my dog,” “pizza,” and “sunshine,” he wrote with a smile. Soon, his tree was full! At dinner, he shared it with his family. “Thank you for everything,” he said. His parents hugged him tight. Gustav learned that saying thank you makes people happy—and it helps us see all the good things we already have!

**Bible Verse:** “Give thanks to the Lord for God is good...” (Psalm 136:105a)

**Magnetic Word:** On the fridge, find the letters to spell: T-H-A-N-K-S.

**Ask:** Who can you say “thank you” to today?

**Prayer:** Dear God, help me be thankful in everything I do. Amen.



**Saturday, October 4**

**W-I-S-H**

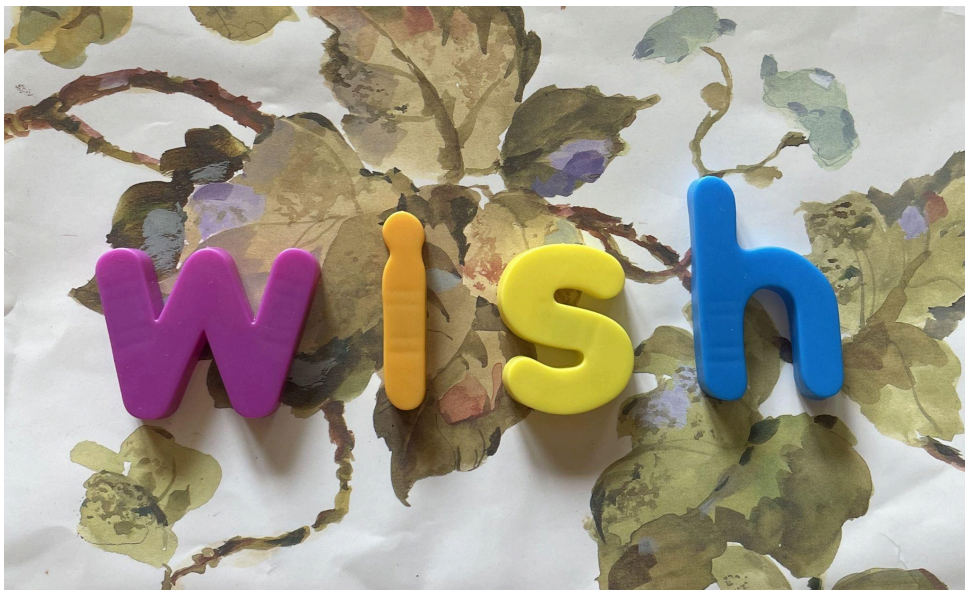
**Read:** Wendy wished she could fly like a bird. She closed her eyes and whispered, “One day, maybe!” Her grandma smiled, “Wishes are special, but faith is even stronger. Believe in yourself, and work hard.” So Wendy practiced every day at the park—running, jumping, and dreaming big. Years later, Wendy became a pilot. Her wish came true—not by magic, but by faith, effort, and never giving up.

**Bible Verse:** “And as you wish that others would do to you, do so to them.” (Luke 6:31)

**Magnetic Word:** On the fridge, find the letters to spell: W-I-S-H.

**Ask:** What do you wish for today?

**Prayer:** Dear God, help me to believe in your deep wish for me. Amen.





**Sunday, October 5**

**G-R-O-W**

**Read:** In a sunny garden, Clara found a tiny mustard seed in her lunchbox. Curious, she planted it near her window. Days turned into weeks, and the tiniest sprout grew tall. Her parents smiled, watching her water it daily. “Something so small can grow into something big,” her dad said. Clara learned that like mustard seeds, kids’ small actions—kindness, courage, and love—can grow into great things, changing their world one day at a time.

**Bible Verse:** Jesus said, “...each time someone shows or tells others about the love of God, it grows and grows.” (Spark Story Bible)

**Magnetic Word:** On the fridge, find the letters to spell: G-R-O-W.

**Ask:** How did you see love growing this week?

**Prayer:** Dear God, help me grow in love and care. Amen.



**Monday, October 6**

**F-A-M-I-L-Y**

**Read:** In a small town, Julia fell while playing. Tears welled up, but her big brother gently lifted her, and Mom kissed her scraped knee. That night, they laughed over dinner, sharing stories, and hugs. Julia felt safe, loved, and strong. She realized family wasn't just people—it was her shelter, her joy, her team. For every child, family is the first place where love begins and strength quietly grows.

**Bible Verse:** “Let love be genuine...and hold fast to what is good.”  
(Romans 12:9)

**Magnetic Word:** On the fridge, find the letters to spell: F-A-M-I-L-Y.

**Ask:** How does your family help you? How are you part of God's family?

**Prayer:** Dear God, help me be good and to love my family. Amen.





**Tuesday, October 7**

**F-A-I-T-H**

**Read:** Calvin felt lost when things went wrong—his bike broke, and friends ignored him. But each night, he whispered a small prayer, believing someone was listening. Slowly, he felt calmer, braver. Faith gave him hope and peace, like a light in the dark. Kids who care about faith carry strength inside, even when the world feels unsure.

**Bible Verse:** “Whatever you ask in prayer, you will receive it, if you have faith.” (Matthew 21:22)

**Magnetic Word:** On the fridge, find the letters to spell: F-A-I-T-H.

**Ask:** What does it mean to have faith? How do you see the faith in others?

**Prayer:** Dear God, help me to have faith in you. Amen.



**Wednesday, October 8**

**S-C-A-R-E-D**

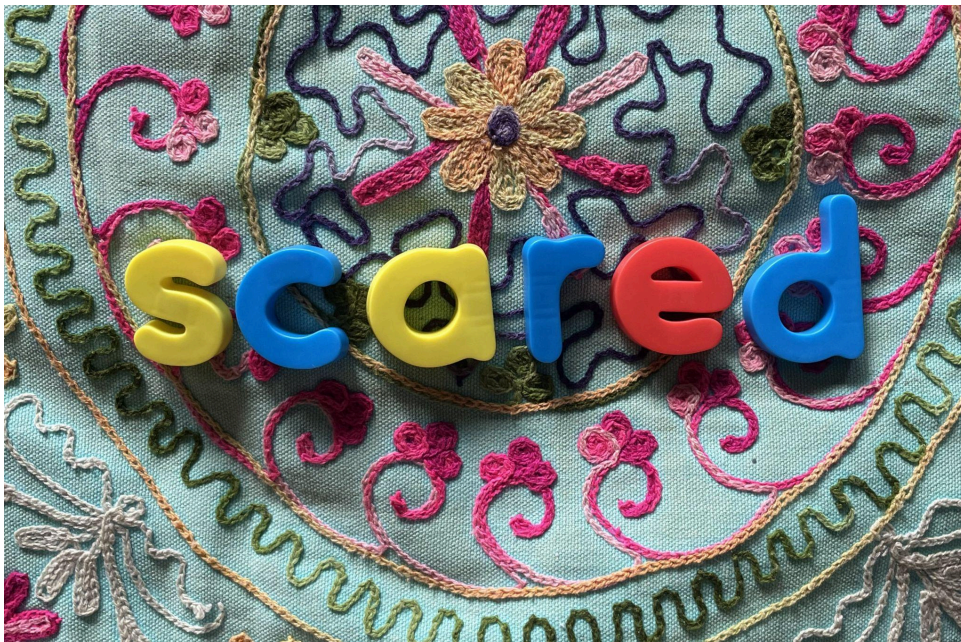
**Read:** One stormy night, Ezra hid under his blanket, heart pounding with fear. Thunder roared, and he whispered, “God, please help me.” A calm filled the room, like a warm hug. The storm still raged, but Ezra felt brave. He knew God was near, even when everything else felt scary.

**Bible Verse:** “Trust in the Lord with all your heart, and do not lean on your own understanding.” (Proverbs 3:5)

**Magnetic Word:** On the fridge, find the letters to spell: S-C-A-R-E-D.

**Ask:** What makes you afraid? What do you do when you are afraid? How can God help?

**Prayer:** Dear God, help me when I am scared. Amen.





**Thursday, October 9**

**G-L-A-D**

**Read:** Jayn got a new toy and felt happy—it made her smile and giggle. Later, she gave her old toys to a friend who had none. Her friend’s eyes lit up with joy, and Jayn felt something deeper. She was glad—not just for herself, but for helping someone else. Being happy is fun, but being glad comes from doing good. Jayn learned that gladness fills the heart in a way happiness sometimes can’t.

**Bible Verse:** “Rejoice and be glad, for your reward is great in heaven.”  
(Matthew 5:12a)

**Magnetic Word:** On the fridge, find the letters to spell: G-L-A-D.

**Ask:** What makes you glad? What makes you sad?

**Prayer:** Dear God, help me be glad, always. Amen.



**Friday, October 10**

**L-O-V-E**

**Read:** Aubrey scraped her knee and ran to Mom, who hugged her tight. “I love you,” Mom whispered. At school, her friend shared a cookie, smiling wide. That night, Aubrey prayed, feeling God’s gentle love around her. She realized love comes in many ways—through family, friends, and God, always near.

**Bible Verse:** “Anyone who does not love does not know God, because God is love.” (1 John 4:8)

**Magnetic Word:** On the fridge, find the letters to spell: L-O-V-E.

**Ask:** What does love mean to you? Who loves you? How does God love you?

**Prayer:** Dear God, help me to love as you have loved me. Amen.





**Saturday, October 11**

**J-O-Y**

**Read:** Audrey danced in the rain, laughter echoing like prayer. Strangers joined—barefoot, soaked, radiant. In their eyes, she saw God, not distant but alive in smiles, in shared delight. Joy wasn't hers alone; it was communion. As puddles splashed and hearts opened, heaven felt near—not above, but among them, between souls.

**Bible Verse:** “Rejoice in the Lord always, and again I say rejoice.”  
(Philippians 4:4)

**Magnetic Word:** On the fridge, find the letters to spell: J-O-Y.

**Ask:** Where did you see joy today? How do you choose joy?

**Prayer:** Dear God, help me rejoice in all things. Amen.



**Sunday, October 12**

**P-R-A-I-S-E**

**Read:** Kids can praise God in many joyful ways! They can: 1) Sing songs, 2) Pray with thanks, 3) Dance with joy, 4) Help others, 5) Share kind words, 6) Read the Bible, 7) Draw pictures about God, 8) Care for nature, 9) Obey parents, and 10) Forgive friends. Each action shows love and honor to God. Praise isn't just words—it's how we live every day, showing God we're thankful, happy, and full of love!

**Bible Verse:** The one man who returned to Jesus said, "Thank you, Jesus! Praise God! Thank you!" (Spark Story Bible)

**Magnetic Word:** On the fridge, find the letters to spell: P-R-A-I-S-E.

**Ask:** How did you praise God today? How does your family praise God daily?

**Prayer:** Dear God, help me to praise you in the morning, noon, and night. Amen.



**Monday, October 13**

**C-L-E-A-N**

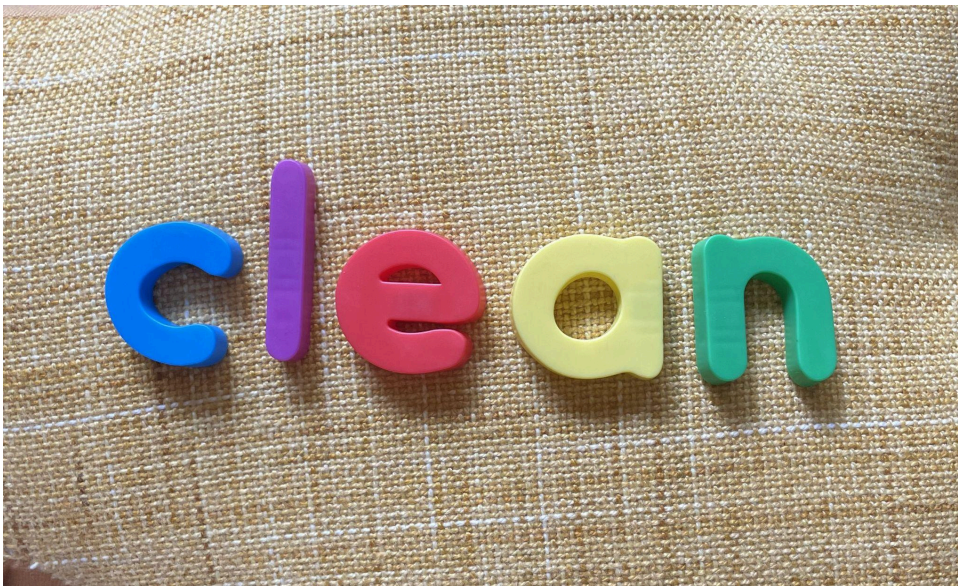
**Read:** Dean took a bath and felt fresh and clean. But when he lied to his friend, his heart felt heavy. He told the truth and said sorry. Now, his heart felt clean too. Dean learned a clean body is nice, but a clean heart—full of honesty, kindness, and love—is even more important to feel truly good.

**Bible Verse:** “Already you are clean because of the word that I have spoken to you.” (John 15:3)

**Magnetic Word:** On the fridge, find the letters to spell: C-L-E-A-N.

**Ask:** What is the difference between a clean body and a clean heart?

**Prayer:** Dear God, help my heart stay open and honest. Amen.





**Tuesday, October 14**

**D-E-S-K**

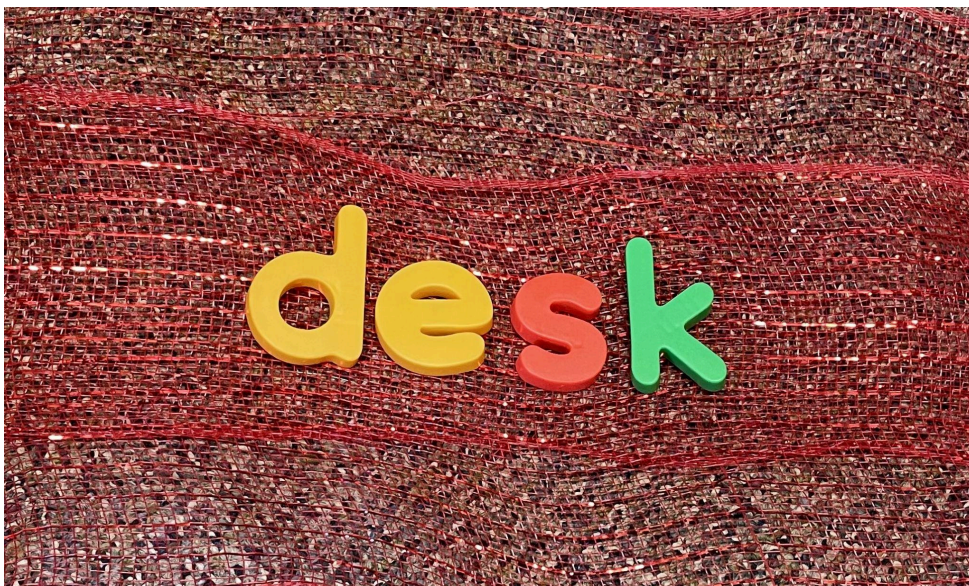
**Read:** Hans found a shiny pencil on his classmate's desk. No one was around. He liked it—but he knew it wasn't his. For a moment, he thought of keeping it. Then he remembered what honesty means. He returned the pencil to his friend, who smiled and said, "Thanks, Hans!" Hans felt proud. The desk held books and papers, but that day, it also held a lesson: being honest, even when no one is looking, always feels right.

**Bible Verse:** "Little children, let us love in word and talk, but also in action and in truth." (1 John 3:18)

**Magnetic Word:** On the fridge, find the letters to spell: D-E-S-K.

**Ask:** What things do you keep at your desk in school or at home? What do you do at your desk? How do you ask for God's help at your desk?

**Prayer:** Dear God, help me to do my best work while sitting at my desk. Amen.



**Wednesday, October 15**

**W-A-T-E-R**

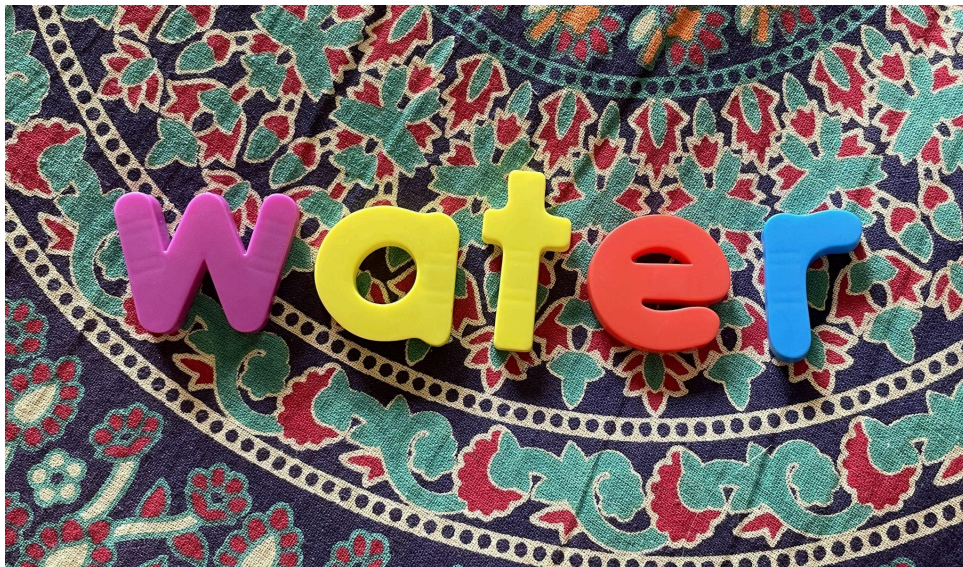
**Read:** Each morning, Blake walked miles with a heavy bucket, feet dusty and tired. He carried water back to his family—enough to cook, clean, and drink. His little sister clapped with joy when he arrived. That water brought life, love, and laughter. Though the journey was hard, Blake knew his effort helped his family stay strong and healthy each day.

**Bible Verse:** “But let justice roll down like waters, and righteousness like an ever-flowing stream.” (Amos 5:24)

**Magnetic Word:** On the fridge, find the letters to spell: W-A-T-E-R.

**Ask:** What do you use water for? How is water life-giving?

**Prayer:** Dear God, help me to do my best to conserve water. Amen.





**Thursday, October 16**

**K-E-Y**

**Read:** Senna found a small, shiny key in her Bible. “What does it open?” she wondered. That night, she prayed and felt warm inside, like a locked door had opened in her heart. She realized the key was God’s grace—God’s way of loving her no matter what. With her heart unlocked, Senna felt free, forgiven, and full of joy. God’s grace is the secret key to every heart.

**Bible Verse:** Jesus said, “I will give you the keys of the kingdom of heaven, and whatever you bind on earth shall be bound in heaven...” (Matthew 16:19a)

**Magnetic Word:** On the fridge, find the letters to spell: K-E-Y.

**Ask:** How is God the key to your heart? What does that mean?

**Prayer:** Dear God, help me remember that you hold the keys to my heart. Amen.



**Friday, October 17**

**B-U-G-S**

**Read:** In the backyard, Clive chased fireflies, their tiny lights blinking like stars. Nearby, worms wiggled through the dirt, making the soil rich and soft. “Even bugs have important jobs!” Axel said, giggling. They laughed, learning that God made every creature—big or small—with purpose, even the squirmy, glowing, buzzing ones!

**Bible Verse:** “Go to the ant; consider her ways, and be wise.” (Proverbs 6:6)

**Magnetic Word:** On the fridge, find the letters to spell: B-U-G-S.

**Ask:** How are bugs good? How are ants wise? What bugs do you love that God created?

**Prayer:** Dear God, help me care for your creation, even bugs! Amen.





**Saturday, October 18**

**P-L-A-Y**

**Read:** In the park, kids ran, laughed, and played tag under the bright sun. Swings soared, feet kicked high, and joy filled the air. “Play is just fun,” said Noah. His teacher smiled, “It’s also how you grow, share, and love.” God delights in their laughter, learning, and kindness through play. It’s not just games—it’s hearts growing strong, minds exploring, and friendships blooming. To God, play is a beautiful part of being a child.

**Bible Verse:** “And the streets of the city shall be full of kids playing in its streets.” (Zechariah 8:5)

**Magnetic Word:** On the fridge, find the letters to spell: P-L-A-Y.

**Ask:** Where do you play? What is your favorite play thing? How does God play with you?

**Prayer:** Dear God, help me be kind and generous in playing with friends and family. Amen.



**Sunday, October 19**

**S-H-A-R-E**

**Read:** Cassidy had two cookies and saw her friend had none. She paused, then smiled and offered one. Her friend's eyes lit up. That simple act made them both happier. Cassidy learned sharing wasn't about losing—it was about love. Of all life's lessons, sharing teaches kindness, and kindness makes the world a better place.

**Bible Verse:** Jesus said, "The widow shared everything." (Spark Story Bible)

**Magnetic Word:** On the fridge, find the letters to spell: S-H-A-R-E.

**Ask:** Who might you share a cookie with today? How does God share what God has with you?

**Prayer:** Dear God, help me share my toys, my love, and my cookies with others. Amen.





**Monday, October 20**

**P-I-E**

**Read:** Long ago, in Italy, people made a simple flatbread with tomatoes, cheese, and herbs—this was the first pizza pie! It was tasty and easy to share. Kids loved how warm, cheesy, and yummy it was. Today, pizza pie is a favorite everywhere because it brings families and friends together. Whether it's pepperoni or veggies, pizza pie makes everyone smile. We love it not just for the flavor but because it's made with love and shared with joy!

**Bible Verse:** “My soul will be satisfied as with fat and rich food, and my mouth will praise you with joyful lips.” (Psalm 63:5)

**Magnetic Word:** On the fridge, find the letters to spell: P-I-E.

**Ask:** What might you talk about with your family over a slice of pizza pie? How might you add God to the conversation?

**Prayer:** Dear God, help me add toppings to a pizza pie and to be at the top of my game. Amen.



**Tuesday, October 21**

**H-O-M-E**

**Read:** At home, Alice’s family cooked, laughed, and helped each other every day. Her mom said, “Home is where kindness grows.” Alice learned to share toys, say please and thank you, and listen carefully. Being kind at home made everyone feel happy and loved. She realized home isn’t just a place—it’s where hearts are warm, and kindness makes the family strong, and joyful every single day.

**Bible Verse:** “My people will abide in peaceful homes, in secure dwellings, and in quiet resting places.” (Isaiah 32:18)

**Magnetic Word:** On the fridge, find the letters to spell: H-O-M-E.

**Ask:** What do you love about your home? Where might you make space for God in your home?

**Prayer:** Dear God, help me to invite you into my home daily. Amen.





**Wednesday, October 22**

**H-E-A-R-T**

**Read:** Felix's heart felt heavy when his friend said something mean. Sadness filled him like a rainy cloud. But when his friend said sorry, a bright sun appeared inside him—joy! When Felix helped his little brother, his heart felt warm and happy, like a cozy hug. Sometimes, his heart got angry when things weren't fair, but he learned to breathe and talk it out. Felix discovered that kindness, love, and forgiveness fill the heart with joy every day.

**Bible Verse:** "Create in me a clean heart, O God, and renew a right spirit within me." (Psalm 51:10)

**Magnetic Word:** On the fridge, find the letters to spell: H-E-A-R-T.

**Ask:** How do you protect your heart from mean people? What heals a broken heart? How can God help protect your heart?

**Prayer:** Dear God, help me to remember to love so I can make other hearts happy. Amen.



**Thursday, October 23**

**M-U-S-I-C**

**Read:** Brynn loved being in choir. Every Sunday, she sang with her friends in church, her voice joining others in beautiful songs. Singing made her feel close to God and happy inside. The music filled the whole church with joy. Brynn knew that through her voice, she was praising God and sharing love with everyone. Choir wasn't just fun—it was her way to shine and help others feel peace.

**Bible Verse:** “Address one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart...”  
(Ephesians 5:19)

**Magnetic Word:** On the fridge, find the letters to spell: M-U-S-I-C.

**Ask:** What is your favorite way to praise God? Do you like singing?

**Prayer:** Dear God, help me to sing a song everyday to you. Amen.





**Friday, October 24**

**P-A-R-E-N-T-S**

**Read:** Olin watched his parents work hard every day, helping and caring for him. They taught him right from wrong, always listened, and gave warm hugs when he was sad. Olin knew they loved him more than anything. To him, his parents were important because they made him feel safe, loved, and brave to try new things. They were his biggest helpers and best friends forever.

**Bible Verse:** “Children, obey your parents in everything, for this pleases the Lord.” (Colossians 3:20)

**Magnetic Word:** On the fridge, find the letters to spell: P-A-R-E-N-T-S.

**Ask:** In what ways, do you obey your parents? How about obey God?

**Prayer:** Dear God, help me to remember to be kind and caring towards my parents. Amen.



**Saturday, October 25**

**T-H-I-N-G-S**

**Read:** Sibley loved her toys and books. One day, she left her favorite doll outside, and it got dirty and broken. She felt sad. Her mom said, “Taking care of your things helps them last longer.” Sibley cleaned and fixed her doll, learning to be gentle and responsible. She realized when she cared for her things, they stayed special, and she didn’t have to feel sad.

**Bible Verse:** “No one can serve two masters...You cannot serve God and money.” (Matthew 6:24)

**Magnetic Word:** On the fridge, find the letters to spell: T-H-I-N-G-S.

**Ask:** What is the difference between something living and something not living? Which one is more important?

**Prayer:** Dear God, help me to keep my eyes on you and to realize it is nice to have things. Amen.





**Sunday, October 26**

**G-R-E-A-T**

**Read:** God you are GREAT! You give us **G**uidance, we can **R**aise our hearts to you in love, you **E**ncourage us in our faith, you are **A**lways near us, and you **T**each us to be kind and true to you. Because you are GREAT!

**Bible Verse:** “The LORD is good to all, and his mercy is over all that he has made.” (Psalm 145:9)

**Magnetic Word:** On the fridge, find the letters to spell: G-R-E-A-T.

**Ask:** What makes God good? What makes God great? What makes you great?

**Prayer:** Dear God, help me to bold, brave, and great things in your name. Amen.



**Monday, October 27**

**S-T-O-R-M**

**Read:** During a loud storm, Ivy felt scared as thunder shook the windows. She held her Bible tight and prayed quietly. Suddenly, peace filled her heart like a gentle light. Even when the storm raged outside, her faith made her brave. Ivy learned that with God, fear can disappear.

**Bible Verse:** “God made the storm be still, and the waves of the sea were hushed.” (Psalm 107:29)

**Magnetic Word:** On the fridge, find the letters to spell: S-T-O-R-M.

**Ask:** When was the last time you were scared in a storm? How are you brave?

**Prayer:** Dear God, help me to embrace you when the storms rage outside. Amen.





**Tuesday, October 28**

## **H-U-M-A-N-S**

**Read:** Long ago, the first humans, Adam and Eve, lived in a beautiful garden called Eden. God made them with love, giving them everything they needed—a home full of trees, animals, and fresh water. Even when they made mistakes, God’s love stayed strong, guiding them gently. From that very first family, God showed how much He cares for all people. Today, we remember that God’s love began with the first humans and continues to grow in every heart.

**Bible Verse:** “So God created humans in God’s own image, in the image of Godself, God created humans.” (Genesis 1:27)

**Magnetic Word:** On the fridge, find the letters to spell: H-U-M-A-N-S

**Ask:** What do you think it would be like to be the first humans? What do you think it would be like to walk with God?

**Prayer:** Dear God, help me to be a kind, gentle, and humble human. Amen.



**Wednesday, October 29**

**F-R-I-E-N-D**

**Read:** At school, Nora played with classmates during recess, laughing and sharing games. At church, she met different friends who loved to sing, pray, and help others together. Nora loved having friends everywhere—school friends helped her learn and play, while church friends helped her grow kind and strong in faith. Church friends showed her how to care and share God’s love. Having both kinds of friends made Nora’s heart happy and full, teaching her the joy of friendship in every place she went.

**Bible Verse:** “A friend loves at all times...” (Proverbs 17:17a)

**Magnetic Word:** On the fridge, find the letters to spell: F-R-I-E-N-D.

**Ask:** What makes a good friend? How are you a good friend?

**Prayer:** Dear God, help me to be a good friend at all times. Amen.





**Thursday, October 30**

**E-M-P-T-Y**

**Read:** After playing all afternoon, Penelope felt tired—her energy running on empty. She sat down, feeling slow and weak. Then Mom gave her water and a healthy snack, reminding her to rest. Penelope realized her body needs good food, rest, and love to keep going. Just like a car needs fuel, kids need care and kindness to run strong and happy every day. With a full heart and full energy, Penelope was ready for more fun.

**Bible Verse:** “I can do all things through him who strengthens me.”  
(Phillipians 4:4)

**Magnetic Word:** On the fridge, find the letters to spell: E-M-P-T-Y.

**Ask:** When you are running on empty, how do you refuel your body?  
What about your soul?

**Prayer:** Dear God, help me to remember that my strength comes from you. Amen.



**Friday, October 31**

**G-H-O-S-T**

**Read:** One night, Holden was scared of ghosts hiding in the dark. His grandma smiled and said, “There are no scary ghosts, but there is the Holy Ghost.” She explained the Holy Ghost is God’s gentle Spirit, always with us to help and protect. Holden felt safe and calm, knowing the Holy Ghost brings peace, not fear. From then on, whenever he felt afraid, Holden prayed and remembered the Holy Ghost’s love, chasing away all scary thoughts with light and comfort.

**Bible Verse:** Jesus said, “But the Holy Ghost (Spirit)...will teach you all things and bring to your remembrance all that I have said to you.” (John 4:26)

**Magnetic Word:** On the fridge, find the letters to spell: G-H-O-S-T

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**Ask:** What does the Holy Spirit of God teach you about Jesus?

**Prayer:** Dear God, help me to rely on the Holy Ghost to lead and guide me. Amen.







## Looking ahead to November!



In ECHO we will start to look forward to stories of Thanksgiving and Christmas. Can you think of some words you can make with your magnet letters for some of these stories?



THANKS

GIVE

PRAYERS

MARY

DONKEY

MANGER

STAR

GIFT

CANDLE





## **Upcoming dates to plan for**

**11/9/2025–EXTENDED ECHO**  
**(Cookie decorating for Christmas Program)**

**11/22/2025–Lutefisk dinner**

**11/25/2025–Little Kid Get Together** (register online)

**11/26/2025–Thanksgiving Eve Service and Pie Fest**

**11/30/2025 First Sunday of Advent**

**12/6/2025 3rd-5th grade Christmas Program rehearsal** (register online)

**12/7/2025–Children’s Christmas Program (MPLS)**

**12/13/2025–3rd-5th grade Toys for Tots shopping  
and KARE 11**(register online)



**Fill in the blank prayer!**

**Make a word to finish each line.**

**Try to start your word with the same first letter as the first word.**

**God of all Good Things:**

**Thank you for:**

**A**pples and \_\_\_\_\_.

**B**ananas and \_\_\_\_\_.

**C**upcakes and \_\_\_\_\_.

**D**onuts and \_\_\_\_\_.



**Bethlehem**