



Day 2 - Morning Stretch

Spark Bible Story: Jesus Feeds 5000, pg 248

Bible Verse: "And after Jesus gave thanks to God he blessed the five loaves of bread and fish."

Bible Buddy: Lenny Locust

Take Home Point: We are caretakers of the ocean. Let's go God!

Materials Needed:

- Everyday use plastic mats, one per kid
- Gopher costume
- Paper
- Crayons

What to do:

Introduce it!

Music: My God is So Great

- **Crew Check In:** Instruct crew leaders to take out their crew leader check in sheet out and get ready for the morning!
- **Intro Question:** Welcome everyone to Morning Stretch! In our Bible story for today, we learn about how Jesus feeds 5000 people with fish and bread. Quick turn to your crew leader, and everyone shares their food made out of bread?

Learn to Bible Point:

Leader says: We are the caretakers of the ocean!

Participants say: Let's go God!

Music: Fruit of the Spirit (Theme Song)

Get to it!

Teach the Bible story to the kids with Emcee and Gopher.

Emcee: Today we are going to learn about Jesus feeding 5000 people..

Gopher: Yep!

Emcee: Did you know that Jesus used only 5 loaves of bread and 2 fish to feed all those people?

Gopher: Yep!

Emcee: Did you know Jesus prayed before he gave out the food to 5000 people?

Gopher: Yep!

Emcee: Did you know that there were leftovers, 12 baskets full!?

Gopher Yep!

Emcee: Did you know that Jesus performed a miracle?

Gopher: Yep!

Emcee: Let's pray! Repeat after me in my action and words:

(start in a stoop) Thank you, God, for all that grows. (pop up)

Thank you for your promise, seen in rainbows. (hands like a rainbow)

Thank you, God, for stars that shine. (star pose)

Thank you for these friends of mine. (high five one another)

Thank you, God, for the moon and sun. (hands over head)

Thank you for all that's given – for everyone! (point to one another)

Help us, Lord, to learn to share, To be more generous everywhere. Amen.

Music: He's Got the Whole World in His Hands

Learn the Bible Verse

Learn 2 basic poses for storytelling yoga. Click links for an image. Practice the images before pointing it all together.

[Star Pose](#) - Jesus

[Child pose](#) - Bread

[Mountain pose](#) - Fish

Bible Verse: "And after Jesus (star pose) gave thanks to God he blessed the five loaves of bread (child pose) and fish ."

Practice the Take Home point

Leader says: We are caretakers of the ocean.

Participants say: Let's go God!

Music: Amen