



Story & Stretch

Day 1

Bible Point: What God creates, we celebrate!

Bible Verse: God said, "Let there be light!"

CREATION

Story: Creation, pg 2

Materials Needed:

- Everyday use: Yoga mats or carpet squares, one per kid
- Bible Buddy Poster: Tina Turtle

Set Up:

- Place yoga mats/ carpet squares out in groups
- Gopher Costume

What to do:

Introduce it!

- **Crew Check In:** Instruct crew leaders to take out their crew leader check in sheet out and get ready for the morning!

Music: *Hippo Song*

- **Intro Question:** Welcome everyone to Story & Stretch! In our Bible story for today, we learn about God's creation. Quick turn to your crew leader, and everyone shares their favorite animal?
- **Shout Out:** Each group picks out the best animal that they came up with, and shouts out the animal sound.
- **Define it:** Creation is the first story in the Bible. It is a story that celebrates the world and everything in it.

Learn to Bible Point:

Leader says: What God creates,

Participants say: we celebrate!

Music: *I'll Do My Best (Theme Song)*

Get to it!

Teach the Bible story to the kids with Emcee and Gopher.

Emcee: Today we are going to learn the seven days of creation. Gopher, are you ready?

Gopher: Yep!

Emcee: Can you count to 7?

Gopher: Yep! (Counts loudly and slowly) 1-2-3-4-5-6-7

Emcee: Ok, you and the kids will count, and I will share what happened on each day of creation. There might even be some actions so follow Gopher.!

Gopher and Kids: Day 1!

Emcee: God said, "Let there be light (tree pose) and called it good!"

Gopher and Kids: Day 2!

Emcee: God said, "Let there be sky (blow air loudly) and called it good!"

Gopher and Kids: Day 3!

Emcee: God said, "Let there be rain (pretend to rain), seas, trees and plants (tree pose) and called them good!"

Gopher and Kids: Day 4!

Emcee: God said, "Let there be a sun, moon, and star (make fingers twinkle) and called them good!"

Gopher and Kids: Day 5!

Emcee: God said, "Let there be fish in the sea (swim around) and birds in the air (fly around) and called them good!"

Gopher and Kids: Day 6!

Emcee: God said, "Let there be animals (make your favorite animal sound) and people and called them good!"

Gopher and Kids: Day 7!

Emcee: God said, “Let’s rest!” (Everyone falls down on the ground.)

Gopher: I have to go because I want to read this Bible story again! Bye everyone!
(Gopher leaves,

Learn the Bible Verse

Learn 2 basic poses for storytelling yoga. Click links for an image. Practice the images before pointing it all together.

[Star Pose](#) - God

[Tree Pose](#) - Light

God (star pose) said, “Let there be light (tree pose)!”

Practice the Bible verse several times. Try to help kids memorize it.

Practice the Take Home point

Leader says: What God creates,

Participants say: we celebrate!

Bible Buddy - Tina Turtle

Here are four fun facts about Tina the Turtle, and why she is unique to creation:

- Tina has a shell that protects her from animals that would think she is lunch!
- Turtles eat things in creation, too. Land turtles eat beetles, fruit, and grass, and sea turtles like Tina eat everything including algae, squid, and jelly fish.
- Turtles have 50 bones!
- Turtles are one of the oldest reptiles as they go all the way back to the dinosaurs!

Tina Turtle needs creation to survive: from the ocean to the sand, from algae to octopus.

Creation is important to all God’s creatires.

Music: *My God is so Strong*

Pray it out!

Dear God, thank you for our world, and everything in it. Amen.