**20 Questions for Confirmation** 

Q1. What does it mean to be faithful? What if I doubt God? What about people who don't believe in God?

By Heather Roth Johnson

**Introduce the Question:** What does it mean to be faithful? What if I doubt God? What about people who don't believe in God?

Watch this Video: <a href="https://www.youtube.com/watch?v=SDZb9FLqgmU">https://www.youtube.com/watch?v=SDZb9FLqgmU</a>

**Response to the Video::** What resonated with you? What made doubt feel normal? What about this video you didn't like?

What does it mean to be faithful? Being faithful to a friend, to family, or to God means that you are not easily swayed by rumors, lies, or false information. Because you love these people and/ or God, you seek out directly from the source what is true about them. You want to be loyal and do good by them and by God. We love them, and it is out of love, that we lean into what was promised from them.

**Response:** In which ways, are you faithful to your family? To your friends? To God? Is it easier to believe or not believe in God?

What if I have doubts about God? Things don't always go as planned, and so sometimes we doubt or even go through a time of unbelief. When this happens we can remember the steps of the video to remember that it is ok to doubt. Review the steps:

- **Step. 1**. Don't view doubt as a bad thing. Doubt is normal. What are some things that you doubt when it comes to God? What is hard to believe about God's story?
- **Step 2.** Get answers to your questions. Who are some people you can take your questions about faith to?
- **Step 3.** Talk to other Christians. Don't struggle alone. What are some communities where you can share your doubts and struggles?

## Read Mark 4:35-41 - Jesus Calms a Storm

What happened in the story with the disciples? How did they react to the storm? What did Jesus do to save them from the storm? What did Jesus question about the disciples? How do you weather the storms of life? Are you able to lean into Jesus when life is hard or do you doubt even more?

## What happens to people who don't believe in God?

The beautiful part of this question of "what happens to people who don't believe in God" is that we don't have to have an answer. It's not our role to judge people on what or how they believe or don't believe in something. Our role or job is to love them all the same.

It can hurt when someone spits out unbelieving thoughts about God. Because to live without God, means live without hope. It's nothing new even before Jesus, the Psalmist wrote "The fool says in their heart, 'There is no God."" (Psalm 14:1) We are just called to love them anyway.

**Remember what is promised:** From the beginning, God never promised an easy or perfect life. What God did promise is to be with you, to love you, and to forgive you. Always. Even when you doubt or have unbelief.